



Ruth Doherty



Comps 2023/24



Ruth???



- 22 years old (the older sister believe it or not)
- 4th year (part 1) of Human Nutrition
- Part 2 (of a currently unknown number of parts) to start in September
- I love trampolines

Ruth???

Part 2

- Member of UCDTC since September 2019
- Gymnastics Ireland level 1 trampolining coach qualified since February 2019
- A big fan of judging HD
- Really good at baranis and chaotic routines



What will I do??



- Host a fantastic and fun in house with delicious baked prizes
- Host a fantastic and fun Dublin Open with real medals
- Book us accommodation all together for our away competitions as early as the date and location is known
- Encourage as many people as possible to come to all competitions

What else will I do??

- Ensure competition info such as info packs, routines, panels and scores are made available to all members as early as possible
- Ensure above info is clearly communicated and easily accessible to all members (socials, website, email, at trainings, etc.)
- Work with the head coach and ass head to organise synchro trainings before competitions
- Organise a fun Christmas add-ons competition catering to all levels (in aid of the ISTO charity for 2024!)



Ruth, why should I vote for you???

Good question, glad you asked



- I am very extremely dedicated to the club, more so than my degree (oops) and have been for 4 years
- I have been a trampoline coach for 4+ years so I am well able to help everyone prepare for competitions
- I have been to plenty of competitions now and know how they work so can explain things to freshers when needed

Why else??

- I am well able for the communications aspect of organising accommodation, booking the hall for competitions, communicating with other clubs, etc. as even though I hated placement it gave me a lot of experience in different forms of communication with all sorts of people
- I am friendly (I think hopefully) and know very well what it is like to be nervous about signing up for competitions so I would hopefully be able to encourage any freshers who feel similarly to give it a go :)
- I would make it clear that people could come to me if they were worried about any aspect of competitions and I would help in any way I can. (eg. not being able to manage in the 30 bed room at SSTO, I very much would empathise with that (anyone who interacted with me on the Sunday night knows))



Also- Jane will be gone for half a year and i need something to help me be less sad :(

ily Jane <3

If you have read this far...

1. Thank you for taking the time to read through this
2. Please consider voting for me for a year of smooth running competitions where everyone knows what is going on and feels welcome at all competitions

